



Coventry Godiva Harrier Newsheet



Items taken from the Committee minutes of 8th June 2010

Chairman's medallion. New has been purchased and this was to the Committee
Four of the extra plaques for the Birmingham League have been received and paid for but two are still awaited. These will be distributed by Pete Banks.

Steve Curtis has made the changes to the Men's Records board. Nick Winch will amend the website info in line with this.

First Aid courses for the Club's coaches - Dave Dix is compiling a list of interested individuals. Date(s) to be confirmed. It was agreed that if the grant which has been applied for is not received then the attendees would be asked to contribute the normal 50% of the individual course fee.

New START and FINISH banners for Club race promotions have been included in the grant application.

The spare landing area for pole vault was now on site and discussions would be taking place with the University on using parts of this to bring the main bed up to specification.

Update on recent illnesses: Dick Taylor and Matt Almond had recently both had strokes. Both are at home and unable to drive for a month but are progressing well. Ellen Collins having had to go back into hospital has now returned home and is doing well after her hip replacement. Aidan Twomey who collapsed at the recent Midland League was kept in hospital overnight in Cheltenham but is now back home and will have ongoing investigations in Coventry. It is understood that he has been advised not to race or train at this time.

Bob Statham who had an accident at the May Day 5 and broke his collar bone is recovering well.

Results:

12/05	Loughborough v B'ham Uni. v Army	800 2nd Stephen Emery 1:52.41 pb 1500 3rd Stephen Emery 3:56.97 pb
12/05	Rugby 6 (East Midlands G P)	Godiva - 1st men's team 1st Mat Almond 30:32 2nd Scott Hazell 30:51 4th James Griggs 31:41 7th Harvey Speed 32:33 13th Job King 33:06 14th Aaron Bodycote 33:22 17th Emerson Combstock 33:29 44th Tobias Gehrke 36:41 263rd Sian Pritchard 51:26
15/05	Oxford v Cambridge	5000m 4th Chris Bannon 15:20.49 pb
15/05	Kenilworth Killer	5th Emerson Combstock 37:25 38th Sam Anderson 45:05

16/05	National Young Athletes League – Fix. 2	Godiva 3 rd team - results on website see Fixtures – 2010 Track & Field
16/05	Manchester 10k	50th Damian Carr 34:11
18/05	Trafford Grand Prix	BMC 1500 11th Michael McKeown 4:04.11 pb Open 3000 Race 1 of 2 3rd Ben Jones 8:21.48 pb 16th Matt Rose 8:57.35 pb
18/05	Bedford 6	47th Tobias Gehrke 36:24 94th Zara Hyde Peters 39:48 (1st in Age Category) 262nd Sian Pritchard 50:35
19/05	Watford Open	800 (mixed open race) Jo Emery 2:13.95 pb 800 BMC Race 2 of 2 5th Sally Olorenshaw
22/05	BMC PB Classic	800 (C) 8th Nathan Udall 2:05.81 pb 800 (D) 1st Daniel McKeown 2:07.45 pb 1500 (B) 9th Daniel Hillman 4:21.03 pb 1500 (C) 2nd Joe Shail 4:18.16 pb 1500 (D) 2nd Tom Ridding 4:25.56 pb 1500 (E) 8th Daniel Villette 5:05.38 pb 3000 (A) 15th Jack Villette 9:39.64 pb 3000 (W) 2nd Frances Briscoe 10:15.64
23/05	National Junior League – Fix. 2	Godiva 7 th team Special note: Nathan Petch new pb in High Jump 2.02m 1= on Power of 10 rankings
23/05	Loughborough International	800 7th Rowena Cole (UK U20) 2:05.42 1500 13th Stephen Emery (LS) 3:49.33 pb
23/05	Coventry Half Marathon	1 st Scott Hazel 1:11:54 286 th Jack Pokoj 1:44.59
26/05	Corby 5 (East Midlands Grand Prix)	33rd (1st Women) Frances Briscoe 29:31 48th Tobias Gehrke 30:39 272nd (59) Sian Pritchard 43:14
29/30- 05	Midlands U17/U15 Champs.	Under 17 Men 800m 3 rd Michael McKeown 2:04.74 (ht 2:09.78) Jack Villette ht 2:15.39 1500m 2 nd Michael McKeown 4:06.56 12 th Jack Villette 4:30.17 3000m 1 st Matt Rose 9:01.23 6 th Joe Shail 9:25.90 1500m SC 3 rd Joe Shail 4:51.57 Javelin 9 th James Knights 41.29m Under 15 Boys 800m 3 rd Nathan Udall 2:11.16 (ht 2:13.76) 5 th Dan McKeown 2:19:26 (ht 2:10.77) 1500m 4 th Nathan Udall 4:32.81 (ht 4:32.52) 7 th Dan McKeown 4:35.27

		(ht 4:37.20) Dan Vilette ht 5:09.60 Under 20 Women Shot 2 nd Danielle Smith 9.64m Under 17 Women Shot 1 st Lucy Smith 9.72m Under 15 Girls 100m 8 th Jenna Hulme 13.45 (ht 13.4) 200m Jenna Hulme 27.29 ht. 3000m 1 st Sian Rainsley 10:51.94 Long Jump 1 st Ebony Wake 5.34m High Jump 6 th Ebony Wake 1.45m Shot 7 th Ebony Wake 7.95m Under 13 Girls Quadrathlon - Annabelle Pask 100m 13.78; Long Jump 4.75m; High Jump 1.42m; Shot 7.37m
29/05	BMC GP - Sport City, Manchester	800 (D) 6th Stephen Emery 1:53.48 800 (A) 3rd Celia Taylor 2:02.90 800 (D) 4th Jo Emery 2:15.16 5000 (B) 15th Ben Jones 14:44.55 5000 (C) 3rd Ryan Kenny 14:49.15 pb
30/31-05	CAU Inter Counties Champs.	Men High Jump 11 th Karl Robbins 1.95m 3000m Walk 3 rd Brendan Boyce 11:49.93 5 th Mark O'Kane 13:03.46 Women 400m 3 rd Emma Williams 55.40 (55.81 ht.) Laura Lanowski 55.05 (ht.)
31/05	Sale 5 miles road race	5th Toby Spencer 25.59 pb (2nd Junior)
01/06	Weedon 10k	2 nd Scott Hazell 32:39 11th Henry Hammond 35:57 39th Tobias Gehrke 38:31
02/06	BMC Open, Birmingham Univ	800 D 3rd Sebastian Jones 2:30.43 pb 7th Bryony Wilson 2:48.78 pb 800 E 3rd Michael Mckeown 1:59.13 800 F 2nd Richard Bowman 2:01.84 pb 7th David Freeman 2:06.70 800 H 2nd Tom Ridding 2:07.20 pb 4th Daniel Hillman 2:08.83 pb 1500 A 2nd Harvey Speed 3:56.47 pb 11th Matt Rose 4:11.76 1500 B 4th Joe Shail 4:18.16 pb 1500 C 1st Nathan Udall 4:22.09 pb 4th Daniel McKeown 4:32.07 pb 5th Frances Briscoe 4:39.34 1500 D 12th Lily Martin 5:31.36 pb
04/06	Bislet Golden League	800m 5 th Celia Taylor 2:02.57
04/06	Notts 10 mile	Myshola Kirkham 64:28 (3 rd Women)
05/06	BAL Div. 3	3000m 3rd Chris Bannon 8:48.43 pb (Running for Kingston AC – HCC)
06/06	National Women's League – Div. 3	Team 6th

06/06	Midland League – Fix. 2	Team 6 th - results on website see Fixtures – 2010 Track & Field
06/06	Two Castles 10km	2nd Emerson Combstock 35:53 29th Rachel Buxton 39:29 (3rd Female)
06/06	Fairfield Festival 10km	1st Harvey Speed 32:38

Fixtures

19-20/06	England Athletics U20 Champs & World Trials & U23 Champs	Bedford
20/06	National Young Athletes League	Peterborough
25-27/06	European Trials and UK Champs.	Alexander Stadium
27/06	National Junior League	Coventry
03/07	Midland League	Rugby
04/07	UK Women's League	Stevenage

Team matters: Discussion took place on the problems of teams and officials for events. It was agreed that the Club, given the number of available athletes and officials, were possibly involved in too many leagues and that this topic would be put on the agenda for the AGM.

There is a need for teams for moving hurdles at the home fixtures on 27th June and 1st August and for someone to do the results at the former.

Coaching: ZHP reported that the Club is still short of coaches for Pole Vault and some throws. Carol Parker is in contact with Katherine Taylor concerning assistance with Javelin coaching. Consideration is being given to holding a Talent Day at the end of August for throwing events.

Leonie Lightfoot (EA) has confirmed support for a proposed strength and conditioning course at the Club. This would be non event specific and would be for coaches only. Max Jones is being approached to deliver the course.

Pat Cropper will be carrying out the Level 2 coaching assessments for the Lyng Hall Godiva Kids coaches on 16th June.

Working Party Reports: Annual General Meeting - discussion took place on the election of officers, Welfare Officers and Club House management. With the exceptions of Dick Taylor (Senior and Junior League manager) and Ray Lumley (Young Athletes Girls manager) the positions will be filled by existing holders.

It was agreed by the Committee that items to be included on the agenda will be:

- The Club House
- EGM date to consider subs for 2011/12
- A single competition vest for both Men and Women
- Competitions/Leagues in which the Club should be involved

Delegates Reports: English Cross Country Association – Open meeting 15/05

Main points - Serious concerns re the availability of course at Mansfield due to proposed increase in costs. Ongoing discussions taking place.

National at Leeds – There is to be a consideration of the future timetable of events following problems this year. A full report was given which included the problems arising from the bad weather. It is expected that there will a loss on the event of between £2k and £9k. This is largely due to claims from Leeds Council for the reinstatement of the parkland

(£13k). 160 marshals were on duty on the day from a large number of local clubs. The clubs were paid £10 per marshal.

Increase in entry fees for 2010/11 - relays seniors from £24 to £30, others £18 to £20 National from £5 to £6.

Insurance of trophies – this is being considered but the Godiva experience with the President’s medallion was cited so further consideration/investigation is to take place. Concern was expressed at the slowness of the Endurance officials’ pathway proposals.

Midland Road Running Committee – 17/05 - There is a new course measurement secretary, Kym Wheeler, taking over from Phil Holland who will become the secretary of the Association of UK Course Measurers. There is now an online database for data on course measurement - www.coursemeasurement.org.uk This includes the South and Midlands with Wales to be added by the end of 2010 and the North during 2011.

Availability forms for Midland Road and Cross Country events have been sent out. These include national events but the officials are appointed by the national bodies.

New Members

Anthony Byer	19/10/1995	James Faulkner	07/07/1996	??? Frances	30/09/1995
Charles Lines	30/04/1999	Josh Oldham	08/04/1999	Joseph Proctor	03/05/1997
Alexander Smith	16/10/1997				
Rachel Collett	30/12/1971	Aimee Morse	06/06/1977	Juliet Smith	02/02/2000