



Coventry Godiva Harriers Newsheet



Items taken from the Committee minutes of 12th January 2010

The Club Membership Form has been adjusted to include a box for proposed members to fill in their 'Coaching Group'. Only NEW forms should be used by any prospective new member.

Mrs Ann Spencer and the family are to donate a trophy in memory of Jim Spencer and this will be awarded annually for Under 13 Boys Sprints

The Festive Cross Country race did not take place due to the small number of athletes interested in taking part. Hopefully it will be held in 2010.

Results:

12/12	North East Cross Country Champs.	1 st 38:41 4 th Matt Armstrong 39:44
20/12	Saltwell 10k	1st Matt Armstrong - 32:00
03/01	New Year 5	1 st Steve Emery 24:52; 4 th Job King 25:48; 7 th James Griggs 26:36; 13 th Emerson Combstock 27:35; 15 th James Parrott 28:18; 16 th Jon White 28:26; 17 th Aaron Bodycote 28:44; 23 rd Sarah Simmons 29:54 (4 th W); 25 th Lenny Shail 30:10; 33 rd Myshola Kirkham 31:20 (5 th W); 52 nd Sam Anderson 34:06 (6 th W); 77 nd Duncan Clark 36:45; 161 finishers
09/01	County Cross Country Champs	Senior Men 1 st 30:41 48 finishers A Team 1st 3 Ryan KENNY 31:16 4 Stephen EMERY 31:39 5 Matthew LOLE 32:06 7 James GRIGGS 32:43 B Team 2 nd <i>not awarded medals</i> 8 Scott HAZELL, 33:13 9 Harvey SPEED 33:28 15 Alistair SMITH 34:16 17 Jon WHITE 34:51 19 James PARROT 35:34

		Masters 1 st 33:18 100 finishers
		1st Team
		4 Aaron BODYCOTE, 34:37
		6 Emerson COMBSTOCK 35:07
		15 Harvey ROSE, 36:05
		22 Mike PETERS, 37:44
		55 Martin SLEVIN 42:18
		U17 Men 1 st 22:54 21 finishers
		2 Matthew ROSE 23:10
		8 Daniel HILLMAN 24:51
		U15 Boys
		A Team 1st 29 finishers
		1 Michael McKEOWN 13:39
		3 Joe SHAIL 14:03
		8 Daniel McKEOWN 14:46
		B Team 3 rd <i>not awarded medals</i>
		10 Nathan UDALL 15:05
		11 Jack PEGLER 15:11
		15 Jack VILLETTE 15:35
		28 Loui SCUTT 18:51
		U13 Boys 1 st 11:01 29 finishers
		A team 4 th
		10 Jeremy BARNES 12:08
		11 Cameron INNES 12:15
		12 Finton CAREY 12:18
		B Team 6 th
		14 Daniel VILLETTE 12:39
		18 Kieran WARMINGTON 13:10
		25 Adam KEIR 13:42
		Senior Women 36 finishers
		A Team 1st
		1 Tina BROWN 25:07
		3 Myshola KIRKHAM 26:30
		5 Sarah SIMMONS 27:27
		B Team 4 th
		9 Sarah ROWTON 28:47
		17 Sam ANDERSON 29:58
		30 Zarinda BATSTONE 33:45
		Masters 1 st 28:20 25 finishers
		3 Jayne MUMFORD 29:21
		U20 Women 4 finishers
		1 Rowena COLE 18:04
		U15 Girls 1 st 15:19 28 finishers
		5 Naomi RICHARDSON 16:12
		16 Julie EMERSON 18:13

		U13 Girls A Team 3rd 1 Sian RAINSLEY 11:56 12 Penny OLIVER 13:02 20 Lilly MARTIN 13:48 24 Katie McDADE 13:58 31 Lianne McKEOWN 15:32 43 Club members took part winning Individual 1st - 4; 2nd - 1; 3rd - 3 Team 1st - 5; 3rd - 1
09/01	Northamptonshire XC Champs.	1 st Matt Almond 33:16; 3 rd Job King 34:39; 5 th Damian Carr 35:29; 10 th Nigel Marley 36:53 Almond & Carr ran for their second claim club, Kettering, as allowed for in their country rules
4/01	Godiva Kids CC – Race 1 2010	15 youngsters completed the first race of the winner series

Fixtures

16/01	MCAAA WXC Race 3	Wyken Croft
16/01	3 rd Birmingham League	Coundon Hall Park
17/01	WMYA XC League	Pingles, Nuneaton
30/01	Midland Cross Country Champs.	Stafford Common
06/02	Midland 10K/5K race walks	Coventry

There would be a slight alteration to the course for the 3rd B'ham league. 50 new stakes have been purchased. Refreshments available at the School.

Comment was made on the most impressive organisation and team work involved with the New Year Day 5 promotion. Well done to Julie Beckford, Pete Banks, Martin Slevin, Aaron Bodycote and Vince Clisham they have grabbed hold of maintaining the Club's road race promotions and have done a good job which has been well received by the athletes. This has followed on from the hard work Colin Kirkham had done, and before him Bill Adcocks going back to 1976 through to the early 90's

Team matters:

The T&F awards for the 2009 season have now been completed, the plaques have been ordered and letters sent out to award winners.

The Stan Ashby Award (for the most meritorious middle distance performance of the year has been awarded to: Rowena Cole for her performances at the Youth Olympics..

The Fred Gardner Award (for non-athletic input into the Club). Is awarded to Christine Horne, for all her work with the Hungry Harrier.

A Coaching Award – a new idea and not necessarily an on-going award has been awarded to Chris Hazell.

Coaching:

Paul Hayes has now returned to coach with the Club and has CRB clearance and would look after the over 15 lads. The under 15 lads and the girls would continue to be looked

after by Chris Hazell.

Godiva Kids coaches were ready for their final appraisal whilst Carol Parker had done the second part of the Level 2. Max Jones has agreed to give Carol support and he has been asked, and agreed, to help in the spring. Emmerson Combstock is leading a road running group.

c) JB said that Eilen Williams and Jack Pokoj have booked themselves on a course which would allow them to lead road running groups. It was agreed that the Club would support them to encourage athletes who do not necessarily wish to compete, just enjoy running, but wish to be part of the Club.

Officials:

Colin Jacks has sent letters to four 'Starters' regards our three Home T&F fixtures this year.

Dinner/Dance - Dinner/Dance Club guests. Rowena Cole and Mark O'Kane for their international selection would be Guests of the Club. Pat and Roger Medwell (NP Aerospace) and Mr and Mrs Bowen (ice cream vendors – who donate money to the Club each time they sell their ice-cream at the Club's track meetings) would be also invited as Club guests.

New Members

Duncan Clark	02/09/1962	Adam Storer (SC)	24/11/1990	Gyn Tromans	17/03/1969
Rachel Emmerson	16/03/1993	Hannah Oliver	31/01/1993		

Date of next Meeting : Tuesday 9th February at 8p.m