



Coventry Godiva Harriers Newsheet

Items taken from the Committee minutes of 13th October 2009

A one minute silence was observed at the start of the meeting as a mark of respect for Roy England, who died on 30 September. The comment was made that it was nice to see so many of his throwers at the funeral. And that his family were surprised at the large presence paying their respects.

It was confirmed that only people who have paid their subscription for the use of the facilities in the weights room should be in there at any time and that coaches should be also be in attendance.

A 'Code of Conduct' paper which included the weights room facility is to be shown to several people before it was distributed.

The accounts for the Autumnal 5 have now been completed.

In response to the request that individuals be entered in relays when there was not a complete team. It was stated that the Club's policy was not to enter incomplete teams. However it was agreed that the Club will not stand in the way if we have an individual who wishes to compete. It was not necessarily a hard and fast rule, but would be considered at the time. It was accepted that it was a little more difficult for the younger age group athletes, often there is not an alternative race, and so this may be their only opportunity to race against their peers.

Results:

19/09	MCAA Men's 6 and Women's 4 Stage Road Relays	Men 1 st Birchfield Harriers 01:48:51` A 6 th 1:51:51 Matt Almond 17:51; Ryan Kenny 18:13; Scott Hazell 18:38; Steve Emery 19:12; Damien Carr 19:28; Matt Lole ? B 11 th 1:56:46 Alistair Smith 19:06; Tom Bark 19:00; Richard Burman 19:25; Tom Madden 19:15; Harvey Speed 20:21; Emerson Combstock 19:39 C 23 rd 2:01:38 Chris Bannon 18:38; Aaron Bodycote 21:15; Iwan Jones 19:57; Danny Clarke 20:30; James Parrott 21:20; John White 19:58
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		Women 1 st Charnwood AC 59:07 A 4 th 1:02:19 Joanna Emery 15:38; Myshola Kirkham 15:50 Tina Brown 15:00; Sarah Simmons 15:51 B 10 th 1:07:13 Sam Anderson 17:47; Frances Briscoe 16:12; Ann-Marie Smith 16:49; Zara Hyde-Peters 16:25 C 43 rd 1:19:15 Claire Hobson 17:21; Christa James 19:40; Zarinda Batstone 20:22; Ann Kirkham 21:58
19/09	Great North events	Womens Mile (road) 3rd Celia Brown 4:56 (representing England)
19/09	English Schools AA	2 nd Mark O’Kane 24.12.3 race walk
20/09	MCAA Young Athletes’ Road Relays	Men/Boys Under 17 Incomplete team Matt Rose 12:19; Dan Hillman 13:11 Under 15 1 st Team – Coventry Godiva 39:32 Joel Shail 13:25; Nathan Udall 13:48; Michael McKeown 12:19 (fastest overall) Incomplete – Dan McKeown 13:53; Jack Villette 13:59 U13 1 st Halesowen AC 42:57 8 th Jeremy Barnes 15:18; Cameron Innes 15:29; Dan Villette 15:38 Incomplete – Adam Kier 16:37 U13 Girls 3 rd Team - Sian Rainsley (fastest overall) 15:04; Lilly Martin 17:06; Penny Oliver 15:43
20/09	Great North Run	23 rd Ben Jones 66:46 pb 57 th James Griggs 74:35 (pb?)
26/09	RAF Lyneham 10k	2nd Damian Carr 33:17 (over distance race , 1st 33:16)
27/09	Swansea Bay 10k	7th Scott Hazell 32:05
27/09	Daventry 6	1st Mat Almond 30:31 (course record)
4/10	West Mids. YA Cross Country League - 1	U17 Men 1 st D Mills 15:40 62 finishers 12 th Dan Hillman 16:48 U15 Boys 1 st H Brown 10:23 67 finishers 10 th Nathan Udall 11:03 U13 Girls 1 st Sian Rainsley 9:18 130 finishers 114 th Lianne McKeown 12:00 130 th Ella Bury 13:55 U11 Girls 1 st P Ellis 6:12 97 finishers 8 th Katerina Jackson 6:35 30 th Alice Rainsley 7:14
8/10	Leeds Uni Carnegie	1 mile. 1 st Brenda Boyce 6.22.6 (4 th Irish all-time list) 4 th Mark O’Kane 6.58.3
8/10	Kenilworth Half Marathon	Women 1 st Myshola Kirkham 1:23:54 Men 3 rd Emerson Combstock 1:17:35
11/10	EDF Birmingham Half Marathon	6 th Scott Hazell 1:11:29 10 th Job King 1:14:56 25 th Iwan Jones 1:17:16

Congratulations are in order to Norma Pugh on being awarded the England Athletics Regional award for Performance Coach of the year. Well done Norma.

Norma commented that thanks were due to Nick Winch and Mark Cummings without whose support this would not have happened.

Over a recent 3 weeks period the Godiva Kids had had their championships. Sally Eldridge had organised the whole competition and thanks were expressed to her. Mark Powell had designed and produced the Certificates and his Wife had added the events – all at no charge.

Thanks to them also. Roger Medwell provided medals and it is hoped to present the awards as soon as possible.

Fixtures

17/10	ERRA National Men's 6 & Women's 4 Stage Road Relays	Sutton Park
18/10	ERRA National Young Athletes Road Relays	Sutton Park
24/10	1 st Birmingham League incorp. 1 st Bettmann H'cap	Sennellys Park, Birmingham
24/10	1 st MCAA Women's Cross Country League	Sennellys Park, Birmingham
31/10	National Cross Country Relays	Mansfield
8/11	West Midlands YA XC league	

Team matters: The Women's and Girls' awards list for the summer season had been confirmed whilst the Men's and Boys' were still to be decided.

The invitation to the BAL qualifying match had been declined due to clashes with the Midland 6 Stage road Relays and the unavailability of some T & F specialists.

Coaching: Zara Hyde Peters circulated copies of her 'Coaching in Coventry Godiva' paper plus the Athletics Welfare Policy and Procedure Code of Conduct for Coaches. All coaches at the Club are familiar with this and have agreed to adhere to the Code, and that wherever practical the Club will support trying to have sufficient coaches to meet the requirements of good coaching practice. We will always try to increase the number of coaches to ensure they do not work alone, and work with one another. She said we have a fantastic core of people with Godiva Kids. The challenge is to get GK into the next group, having a transfer stage and getting them proper experience in the Club. Sally Eldridge had agreed to follow this through. Zara stressed it was important coaches put athletes welfare first. The Committee agreed to adhere to the framework.

Officials: Keith Richards recently attended an officials level 2 Field Events course.

Working Party Reports: Dinner/Dance – contact made with Windmill Hotel and the function has been booked for Saturday 27/03/2010. Menu choices have been made. The cost per person is confirmed as the same as last year at £18.00.

Delegates Reports: **ECCA 3/10** – There will be no English Cross Country Challenge this season. There are concerns on the end of season fixtures due to an additional trial event for the World Cross, to be held in Birmingham. However a Home Countries event is also proposed for 27th March to be held in Mansfield. The committee are looking at including an inter league competition as part of it! The status and venue for the Inter-Counties has still not been decided. Arrangements for the National at Roundhay Park, Leeds, 27/02/10, are progressing well.

CSW Athletics Forum 7/10 –The Forum is still without a Chairperson so it was agreed that one will be agreed to chair each meeting. Leonni Lightfoot reported on coaching matters and

that coaching mentors were now in place. Ray Morgan outlined the problems within schools athletics at Warwickshire County level. There are insufficient teachers within schools to enable county championships to be delivered although for 2009 a former teacher had done the organising and so they had taken place. The county did not go to the schools' Inter-Counties match as there was no volunteer teacher to lead a team. The County had its poorest showing at the English Schools champs for a number of years. There was a long discussion on the reasons for the decline and problems which appear to emanate from the changes in structures within schools.

Ray Morgan outlined the problems with the Network bid that had been made to England Athletics and had been turned down. He laid out the alternatives open which were: create a network (the Forum already in many respects meets the criteria) without funding and if money is required, apply for it. It was agreed that RM would complete a bid form and the representatives of Clubs in attendance confirmed that their Clubs would be part of it. All other Clubs in the area covered by CSW would be asked if they wished to be included. The initial objectives of the Network would centre around U11 T & F League; Endurance Academy and coaching provision.

New Members

Hamish Rogers	03.01.96	Thomas Mordey	30.08.01	Ella McKeown	11.09.00
Sean Hancox	24.11.95	Alanis Jacques	16.08.01	Emily Betts	29.11.95
Katie Donohue	02.02.96	Natasha Barnes	04.09.95	Alleisha Clayton	17.01.96
Carla Crilly	04.03.96	Ishak Yussuf	05.05.93	Alice Davis	14.11.96
Sam Ratcliffe	01.04.90	Alex Booth	22.12.88	Matthew Armstrong	13.12.85

Other Business

With the passing of Roy England, Carol Parker (Tuesdays/Thursdays) and Sue Auger had agreed to help. ZH-P has spoken to outside coaches to try and enlist some assistance.

Work on the organisation of the New Year race is progressing and it is hoped it will be held on the same course (hopefully with Police blessing) but not on New Years Day – possibly on the Sunday morning 3rd January.

Date of next Meeting : Tuesday 10th November