



Coventry Godiva Harriers Newsheet



Items taken from the Committee minutes of 10th February 2009

The Treasurer, Charlie Kelly, has met with Nat West Bank concerning the possibility of moving our accounts to them from Lloyds TSB. They have offered two years free banking. The committee agreed that the change should take place.

Correspondence received:

Notification of forthcoming coaching courses from England Athletics – posted on Coaching notice board in the Clubhouse.

Physio information from Elite Therapy – posted on main notice board

Correspondence out:

Letters to award winners notifying them of their award and free ticket to the Dinner

Order for awards plaques

By e-mail registration of male athletes for BAL 2009

Letters to members re renewal of subscriptions for 2009/10 are ready to be posted out.

CJK has written to Johnson Coaches asking for prices for coach provision for the forthcoming season.

Results:

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| 17/01 | 3 rd Birmingham League | Team 1 st (67 points) 1 st Phil Nicholls (Tipton) 27:53 207 finishers Godiva finishers |
| | | 3 Matt Lole 28:23 |
| | | 5 Ben Jones 28:54 |
| | | 7 Matt Almond 29:02 |
| | | 9 Ryan Kenny 29:07 |
| | | 19 Scott Hazell 29:54 |
| | | 24 Jon White 30:10 |
| | | 57 Harvey Speed 31:35 |
| | | 64 Noel Edwards 31:48 |
| | | 70 Henry Hammond 31:57 |
| | | 75 James Griggs 32:06 |
| | | 76 Alistair Smith 32:06 |
| | | 97 Danny Clarke 32:59 |
| | | 118 Colin Deasey 33:54 |
| | | 128 Iwan Jones 34:25 |
| | | 141 James Parrott 35:17 |
| | | 142 Tobias Gehrke 35:18 |

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| | | 164 Aaron Bodycote 36:53 |
| | 4 th Bettmann Hadicap | 1 st Matt Lole 7pts.; 2 nd Aaron Bodycote 6pts.; 3 rd Tobias Gehrke 5 pts.; 4 th Jon White 4pts.; 5 th Scott Hazell 3pts.; 6 th James Griggs 2pts. 11 others with 1 point Overall 1 st James Griggs 15 pts.; 2 nd Jon White 13 pts.; 3 rd = James Parrott / Matt Lole 9 pts.; 5 th Aaron Bodycote 8 pts.; 6 th = Lenny Shail / Emerson Combstock / Ben Jones / Ryan Kenny / Tobias Gehrke 7 pts. 3 on 6 pts.; 1 on 5 pts.; 3 on 4 pts.; 2 on 2 pts.; 4 on 1 pt. |
| | Midland Women's C C League | 22 nd Helen Taranowski 43 rd Claire Madson (Hobson) |
| | WMYACCL | U17 Men 56 finishers 23 rd Dan Hillman; U15 Boys 73 finishers 1 st Matthew Rose U13 Boys 73 finishers 5 rd Nathan Udall; 45 th Jeremy Barnes; U11 Boys 79 finishers 56 th Mitchell Pearce; 68 th Ryan Elliott; 74 th Adam Keir U13 Girls 135 finishers 8 th Sian Rainsley; 37 th Penny Oliver U11 Girls 99 finishers 58 th Lily Cook; 75 th Ella Long |
| 24/01 | Midland Cross Country Champs. | Senior Men 1 st 36:26 Team 4th 309 finishers Godiva placings 2 nd Matt Lole 36:36 8 th Matt Almond 37:44 15 th Ryan Kenny 38:39 27 th Scott Hazell 39:40 41 st Richard Taylor 40:16 52 nd Noel Edwards 41:13 55 th Harvey Speed 41:28 74 th Alistair Smith 42:31 76 th Jon White 42:34 96 th Danny Clarke 43:32 149 th James Parrott 46:33 |
| | | Under 20 Men 1 st 25:20 41 finishers 35 th Matt Timothy 30:24 Under 17 Men 1 st 19:19 78 finishers 43 rd Dan Hillman 20:16 Under 15 Boys 1 st 14:00 Team 2nd 124 finishers 2 nd Michael McKeown 14:02 3 rd Matt Rose 14:09 32 nd Joe Shail 15:24 36 th Jack Vilette 15:31 82 nd Jack Pegler 16:42 |

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| | | <p>Under 13 Boys 1st 10:51 Team 6th 116 finishers</p> <p>12th Nathan Udall 11:26</p> <p>23rd Daniel McKeown 11:41</p> <p>28th Tom Ridding 11:49</p> <p>61st Dan Villette 12:28</p> <p>74th Nathan O'Shea 12:54</p> <p>Senior Women 1st 28:10 147 finishers</p> <p>14th Frances Briscoe 30:33</p> <p>19th Rachel Buxton 31:22</p> <p>95th Christa James 38:41</p> <p>Under 15 Girls 1st 15:38 101 finishers</p> <p>18th Naomi Richardson 16:55</p> <p>78th Zoe Bryden 19:41</p> <p>Under 13 Girls 1st 11:43 119 finishers</p> <p>9th Sian Rainsley 12:22</p> |
| 24/01 | MCAA Open Throws meeting | <p>Javelin</p> <p>1st Glyn Hollingworth 61.18m</p> |
| 24/01 | MCAA Sprints & Jumps Open meeting | <p>Long Jump</p> <p>2nd Jamie Blundell 7.22m</p> <p>U20 High Jump</p> <p>2nd Mark Brown 1.90m</p> |
| 31/01 - 01/02 | Birmingham Games | <p>Senior Men</p> <p>60m Stewart Marshall 7.11(ht.); 7.12 (SF) Joel Fearon 6.90 (ht); 6.83 (SF); 6.77 (5th Final)</p> <p>200m Stewart Marshall 22.45 (ht); 22.24 (SF) Andy Boon 23.70 Michael Thompson 23.95</p> <p>400m Andy Boon 51.62 Michael Thompson 52.85 Diego Martin 53.16</p> <p>1500m Alistair Smith 4:08.9</p> <p>Long Jump 1st Jamie Blundell 7.43m</p> <p>U20 Men</p> <p>60m Martin Browne 7.04 Aiden Twomey 7.21</p> <p>400m David Lee 54.21</p> <p>800m Andy Downing 2:10.27</p> <p>U17 Men</p> <p>Omas Anyanwu 7.22 Hassan Hassan 7.41 Scott Eburne 8.06</p> <p>200m Omas Anyanwu 23.44 Hassan Hassan 23.75 Scott Eburne 25.36</p> <p>U15 Boys</p> <p>60m Jack Nardiello 7.85 Obu Anyanwu 8.48</p> <p>200m Jack Nardiello 25.28</p> <p>Senior Women</p> <p>200m Laura Langowski 25.03 (ht); 25.53 (SF) Emma Williams 26.38</p> <p>400m Celia Brown 58.00</p> <p>800m Celia Brown 2:09.46</p> |

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| | | <p>U20 Women 60m Shauna Lawton 7.91 200m Shauna Lawton 25.91 Vicky Walker 27.65 400m Kelly Bewick 62.35 800m 1st Rowena Cole 2:11.92</p> <p>U17 Women 60m Rosie West 8.16 200m Rosie West 27.38 300m Hannah Stanley 45.28 Emily McNiece 45.48 800m 1st Lauren Downing 2:19.92</p> <p>U15 Girls 200m Whitley Barker-Richardson 27.53</p> |
| 01/02 | Alsager 5 | 1 st 23:25 Team 6 th Godiva placings: 10 th Ben Jones 24:44 32 nd Harvey Speed 26:18 50 th Emerson Combstock 27:11 |
| 01/02 | London Open Walks | 1 st 43:36 team 2 nd Godiva placings 3 rd B Boyce 44:32 ???? 6 th Mark O’Kane 46:13 11 th Anthony Crillo 53:25 31 st Glyn Jones 63:53 Mark O’Kane posted a qualifying time for the European Cup of Race walking to be held in Metz on 24 th May. His time was 2:26 faster than in the same race last year. Glyn Jones has recently been elected as the President of the RWA for 2009 – Congratulations to Glyn |
| 7-8/02 | Midland Indoor Champs. | <p>Senior Men</p> 60m Joel Fearon 1st 6.87 ; 6.87 (ht) Jamie Blundell 6.79 (ht) Michael Thompson 7.72 (ht) 200m Stewart Marshall 3 rd 22.40; 22.19 (SF); 22.43 (ht) Michael Thompson 23.94 (ht) 400m Stewart Marshall 49.39 (ht); 50.06 (SF) DNS Final Andy Boon 51.45 (ht); 51.85 (SF) Michael Thompson 53.38 (ht) Diego Martin 54.25 (ht) 800m Alistair Smith 6 th 2:01.42; 2:01.90 (ht) LJ Jamie Blundell 2 nd 7.34m Michael Thompson 6 th 5.96m PV Freddie Pask 2 nd 4.30m <p>U20 Men</p> 60m Martin Browne 2 nd 7.01; 7.11 (ht) Aiden Twomey 7 th 7.02; 7.14 (ht) Karl Ledington 7.52 (ht) 200m Martin Browne 22.27 (ht) 400m David Lee 3.90 (ht) |

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| 800m | Richard Bowman | 2:13.15 |
| HJ | Mark Brown | 2 nd 1.95m |
| U17 Men | | |
| 60m | Omas Anyanwu | 1 st 7.12 ; 7.22 (ht) |
| | Hassan Hassan | 7 th 7.42; 7.36 (ht) |
| | Scott Eburne | 8.05 (ht) |
| 200m | Omas Anyanwu | 4 th 23.17; 23.00 (SF) |
| | | 23.50 (ht) |
| | Hassan Hassan | 24.10 (ht); 23.50 (SF) |
| 400m | Scott Eburne | 56.15 (ht) |
| LJ | Nathan Petch | 2 nd 5.78m |
| | Lewis Yardley | 3 rd 5.69m |
| U15 Boys | | |
| 60m | Obu Anyanwu | 8.36 (ht) |
| 200m | Obu Anyanwu | 28.27 (ht) |
| Senior Women | | |
| 400m | Laura Langowski | 1 st 54.36 ; 56.34 (ht) |
| | Emma Williams | 4 th 57.11; 58.07 (ht) |
| 60m H | Nicola Robinson | 3 rd 8.99 |
| U20 Women | | |
| 60m | Shauna Lawton | 2 nd 8.01; 7.96 (ht) |
| 200m | Shauna Lawton | 25.80 (ht) |
| | Vicky Walker | 27.76 (ht) |
| Shot | Katherine McBeth | 2 nd 10.85m |
| U17 Women | | |
| 200m | Emily McNiece | 28.21 (ht) |
| 60m H | Molly Bagworth | 2 nd 9.53 |
| 300m | Emily McNiece | 45.33 (ht) |
| LJ | Hannah Stanley | 5 th 4.56m |
| U15 Girls | | |
| 200m | Whitley Barker-Richardson | 27.70 (ht); 27.39 (SF); 27.72 (5 th Final) |

Fixtures

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|----------|-----------------------------------------------------------------------|--------------------------------|
| 14/02 | 4 th Birmingham League | Gloucester |
| 14/02 | 4 th Midland Women's Cross Country League | Stafford |
| 14/02 | Midland & Warks. 10k RW Champs. | Perry Park, Birmingham |
| 14-15/02 | AVIVA European Indoor Trials & UK Champs. | EIS, Sheffield |
| 14-15/02 | AVIVA England Athletics U20/U17/U15 Indoor Chaps. | NIA, Birmingham |
| 21/02 | National Cross Country Champs. | Parliament Hill Fields, London |
| 21/02 | National 10mile Race Walking Champs. | Picketts Lock |
| 07/03 | UKCAU InterCounties Cross Country Champs. & World Trials | Nottingham |
| 14/03 | Midland Senior 20k & Mids/Warks Younger Age Group Race Walking Champs | Abbey Park, Leicester |
| 14/03 | Final Bettmann Handicap | Westwood Business Park |

All the athletes who have been registered with the BAL will be written to in order to ascertain availability for all the men's fixtures for the season. A meeting will then be arranged to discuss the season.

There has been a change to the venue for the Midland track league meeting on the 6th June from Rugby to Bath.

Transport to the National Cross Country Champs (21/02/09) - a coach will be shared with Sphinx A C leaving the Memorial Park at 7-30 am. This will be used primarily by the younger age groups and families. The seniors will travel by mini-bus being arranged by Scott Hazell.

Dinner/Dance/Awards - it was confirmed that award winners had been notified by post of their award with cross country awards still to be decided. The guest were confirmed as: Lord Mayor & Lady Mayoress, Dave & Linda Moorcroft, Roger & Pat Medwell, Rowena Cole, Jamie Blundell and Mark O'Kane. Discussion took place on the format of the evening and speeches to be made. These have still to be confirmed. There will be a raffle with the winners being decided on the numbers on the function tickets.

Performance Awards - WA, CJK, NP and GH have met to considered to whom the awards, made possible by the extended sponsorship by NPAerospace, should be made. The criteria used were Ranking, Championship Performances, age/age group, perceived commitment. From this 22 awards have been made in four categories. The recipients will receive notification during the next month and a list of their names will be posted on the notice board in the Clubhouse.

There will be a meeting of the Coventry, Warwickshire and Solihull Forum on Wednesday 18th February at Stratford on Avon High School. WA, GH and KR will attend.

New Members

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|---------------------|------------|---------------|------------|----------------------|------------|
| Jeremy Barnes | 29/05/1997 | Jordon Broome | 04/12/1996 | Bret Hopkins | 18/10/1995 |
| Stuart Hopkins (SC) | 08/07/1976 | Freddie Pask | 09/11/1989 | | |
| Shylaw Dias | 26/04/1997 | Nicole Hoy | 16/02/2000 | Felicia Rudolfo (SC) | 03/11/1986 |

The access cards for those members joining since January 09 and those receiving performance awards have been notified to the University and are active till 31/03/2010.

Other Business

1. It was reported that the general state of the male changing rooms and showers left something to be desired. Also the ongoing use of the main changing room by other University sports clubs was creating overcrowding problems on Club nights. WA to write to Terry Monnington.
2. AB has produced a "YOUR Club Needs You" poster which will be posted in the reception and Clubhouse seeking volunteers to assist with the running of the Club.
3. The position of the ongoing promotion of Club Road Races was discussed. It had been indicated that Martin Slevin and Vince Clisham had indicated an interest in being involved. PB to talk to them.
4. It is proposed that a list of Club coaches be put on the web site. This needs to be compiled and given to Nick Winch.
5. DR reported on the progress of Ann Smith.. Progress was slow but she hoped to be back for the March meeting.
6. DR had recently had communication from Fritz of Innsbruck whose health was not good (he was the Austrian contact when the Club made three continent tours in the 1960's).

7. GH asked AB as to the progress on the equipment store which his dad was to undertake. Work should commence in March as he was on a long foreign trip at the moment.
8. GH reported that in his opinion some money needs to be spent on maintenance of the Clubhouse but he accepted that any spend would be dictated by any planned replacement of the Clubhouse. GJK stated that the job was out to tender at this time and any decisions could only be made when proposed costs were in. MC asked if any thought had been given to the practicalities of a new build on the present site if and when a decision is made. It was agreed that such panning would come into play when any rebuild was agreed.
9. CJK reported that Solihull & Small Heath A C had asked if the Club would be interested in joining to form a composite team for the 2010 National Junior League. This was agreed.
10. CJK reported that the Club's electricity supplier, Eon, had told us that even though we paid a monthly DD of £162 we were still £600 in arrears for electricity used. Discussion took place on this matter and concerns were expressed that users of the weights room were abusing the facility and were just switching on the heating and leaving it on.

Date of next Meeting : Tuesday 10th March 2009 at 8.p.m